

(Last modified on October 27, 2009)

Human Services Resource Guide
26080 Berg Road, Southfield, MI 48034
(248) 796-4540 - Fax (248) 796-4545
www.cityofsouthfield.com

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ADULT DAY CARE

Botsford Commons Adult Day Care

21450 Archwood Circle, Farmington Hills, MI 48336-4702

(248) 426-6930

Provides supportive care and stimulating activities for older adults who need supervision during the day because they are experiencing physical disabilities, memory loss and/or social isolation.

Elder Link

6555 W. Maple Road, W. Bloomfield, MI 48032

(248) 592-2300

Phone service connects older adults, their family and other interested parties to information and referrals for older adult services.

Jewish Community Adult Care (JVS)

29699 Southfield Road, Southfield, MI 48076

(248) 559-5000

Non-sectarian program that serves older adults with Alzheimer's disease and related disorders.

Adult Recreation Center 50+

24350 Civic Center Dr., Southfield, MI 48034

(248) 796-4650

Provides a variety of classes, programs & services for senior adults ages 50 & older.

Catholic Social Services, Sheltering Arms Adult Day Center

18310 W. Twelve Mile Rd., Southfield, MI 48076

(248) 557-7373

Provides personalized care, health monitoring and medications for older adults who need supervision and/or support during the day. Counseling and support groups available.

Senex Adult Respite Program, William Costick Center

28600 Eleven Mile Road, Farmington Hills, MI 48336

(248) 473-1826

Program to reduce isolation of seniors, increase self-esteem, promote independence, and reduce the need for institutional care. Individuals must be self-sufficient. Provides daytime respite care.

CHILD DAY CARE

Bussey Child Care Development Center
 19080 W. 12 Mile Rd., Southfield, MI 48076
 (248) 746-7350

Administers the FREE Head Start, Jump Start and Special Education Programs For children 3 or 4 years old. Targeted to low income, single parent, foster children or pre-schooler families.

Child Care Council of
 Oakland County (4 C's)
 (866)424-4532

Referral source for childcare for all of Oakland County.

Department of Human Services
 Zip Code 48033 & 48034 - (248) 669-7600
 Zip Codes 48075 & 48076 - (248) 583-8700

Provides financial assistance to low income clients who qualify per FIA regulations for childcare assistance. Also administers Adult Protective Services (APS) and Children's Protective Services (CPS) referrals concerning abuse and neglect of adults and minor children.

COUNSELING/SUPPORT

Arab American-Chaldean Council
 28551 Southfield Road, Lathrup Village, MI 48076
 (248) 559-1990

Family and individual counseling, family preservation services and mental health and psychiatric services to the Arab-American Chaldean client.

Area Agency on Aging
 29100 Northwestern Hwy. #400, Southfield, MI 48034
 (800) 852-7795

Community Care Services helps older adults and people with disabilities to continue living at home by providing supportive health and home care services.

Big Brothers Big Sisters
 7700 Second Avenue, Ste. 602, Detroit, MI 48202
 (313) 309-0500

Helps to strengthen children in need through one-on-one relationships with volunteer mentors.

Catholic Social Services of Oakland County
1424 E. 11 Mile, Royal Oak, MI 48067
(248) 333-3700

Provides a wide range of professional counseling and other social services to strengthen and support family life.

CAUSE

924 Centennial Way, Ste. 460, Lansing, MI 48917
(800) 221-9105

Statewide non-profit coalition providing free information, referral, support, advocacy and workshops to parents and professionals working with children with disabilities and special needs.

Chaldean Federation of America

30777 Northwestern Highway, Ste. 300, Farmington Hills, MI 48334
(248) 851-3023

Advocates services for newly arrived immigrants and refugees. Bridges acculturation gaps between American and Chaldean lifestyles. Assists families in the assimilation process.

Common Ground Sanctuary

1222 S. Washington, Royal Oak, MI 48067
(248) 547-2260

Emergency food and shelter for youth 10 years through 17 years of age, short & long term shelter programs for runaway and homeless youth and crisis counseling.

Provides 24-hour emergency crisis/suicide hotline 800-231-1127

Green Path

26555 Evergreen Road, Ste. 1060, Southfield, MI 48076
(248) 352-5344

Assists consumers who are experiencing problems because of personal debt problems and promotes sound money management practices.

Easter Seals of Oakland County

22170 W. 9 Mile Road, Southfield, MI 48075
(248) 372-6800

Psychiatric assessment and treatment, counseling, case management and psychiatric medication. Services are free to clients.

HAVEN (Help Against Violent Encounters Now)

P.O. Box 431045, Pontiac, MI 48343

(248) 334-1284

Provides battered spouses and abused children with shelter, life planning services, and individual and group counseling. 24-hour crisis & support line (877-922-1274)

KADIMA

15999 W. 12 Mile Road, Southfield, MI 48076

(248) 559-8235

Provides counseling, employment and other social support services to adults with psychiatric disabilities.

Jewish Family Services

25900 Greenfield, Oak Park, MI 48237

(248) 592-2300

Provides case management, individual & family counseling, adoption, educational consultation, volunteer services, and outreach to strengthen family life.

JVS (Jewish Vocational Services)

29699 Southfield Road, Southfield, MI 48076

(248) 559-5000

Job placement, career development, mental health service, vocational rehabilitation, support coordination, adult day care, and other specialized services to support the elderly

March of Dimes

27600 Northwestern Highway, Ste. 150, Southfield, MI 48034

(248) 359-1550

Helps to improve the health of babies through community services, advocacy, research and education.

Northland Family Planning Clinic

24450 Evergreen Road, Ste. 220, Southfield, MI 48075

(800) 447-7354

Reproductive health care, non-biased problem and pregnancy counseling.

Oakland County Health Division Children's Special Health Services

1200 North Telegraph Road, 34E, Pontiac, MI 48341

(248) 858-0056

Medical care and treatment, specialty clinic home nursing care, medication, equipment and supplies, respite care, and services coordination.

Oakland & Macomb Ctr. For Independent Living/Disability Network
 16645 15 Mile Road, Clinton Township, MI 48035
 (586) 268-4160

Peer counseling, advocacy, information and referral, and independent living skills training.

Project Find/Early On - Oakland County Schools
 16299 Mt. Vernon, Southfield, MI 48075
 (248) 209-2084

Project Find helps children from the ages of 4 to 5 who have special needs. Project Early On assists families with children who are at risk due to development delays or disabilities and are between the ages of newborn and 3 yrs.

Southfield-Lathrup Counseling c/o Human Services Department
 26080 Berg Road, Southfield, MI 48034
 (248) 796-4534

Individual, couples & family counseling. Must live/work in Southfield or Lathrup Village.

Southfield Youth Assistance
 16299 Mount Vernon, Southfield, MI 48075
 (248) 746-7659/746-7658

Provide family education, free short-term counseling, campership, skillbuilding scholarships, youth involvement, Mentors Plus

SPACE
 26400 Lahser Road, Ste. 100, Southfield, MI 48075
 (248) 355-9936

Peer support, families/divorce and bereavement support.

FOOD

Meals On Wheels/ Emerald Kitchen
 3179 Livernois, Troy, MI
 (248) 689-0001

Homebound 60 and older adults receive meals delivered to their home. Voluntary donations are requested.

Open Hands Emergency Food Pantry (St. John's Episcopal Church)
 26988 Woodward Avenue, Royal Oak, MI 48067
 (248) 546-1255

Provides food pantry and referrals for Southeast Oakland County residents.

Salvation Army

27500 Shiawassee, Farmington Hills, MI 48336

(248) 477-1153

Provides Food pantry, clothing, help with utilities and evictions. Religious and charitable organization that provides a number of social services.

(Bring picture I.D. & proof of all income).

Southfield Human Services

26080 Berg Road, Southfield, MI 48034

Provides emergency assistance, referrals and crisis counseling for individuals facing eviction, utility shut-offs and other life hardships. (Southfield and Lathrup Village residents only).

(248) 796-4546

St. Michaels Franciscan Poverty Program

25175 Code Rd., Southfield, MI 48076

(248) 356-6350

Provides food and support for those in need.

Focus Hope

1355 Oakman Boulevard, Detroit, MI 48238

(313) 494-5500

Provides monthly food supplement to seniors who are over 60 years and have an income that falls below an established amount.

FURNITURE**Furniture Bank Center**

333 North Perry, Pontiac, MI 48342

(248) 332-1300

The center picks up used furniture, appliances, and household items in good condition for distribution, free of charge, to needy clients. **Must have referral from service agency, school or church to apply for assistance with furniture.

HEALTH SERVICES**Children's Special Health Care Services**

1200 North Telegraph Road, Bldg. 34E, Pontiac, MI 48341

(248) 858-0056

Assists with paying specialty medical bills, coordinating services from multiple providers, specialty doctors, hospitals and clinics. Coordinates health insurance benefits, covering co-pays or deductibles.

Medicaid Hotline

(248) 669-7600 - Dept. of Human Services - Walled Lake

(248) 583-8700 - Dept. of Human Services - Madison Heights

Assistance with medical treatment and prescriptions for very low income individuals.

Oakland County Health Department

27725 Greenfield Road, Southfield, MI 48076

(248) 424-7000

Provides public health protection through health promotion and disease prevention.

Provides various medical screenings to low income clients.

Providence Hospital

16001 W. 9 Mile Road, Southfield, MI 48075

(248) 424-3000

Emergency room, bomb/emergency shelter, full-range of doctors, nurses, therapists, social workers, counselors, and pharmacy.

Wide variety of self-help support groups (888) 440-7325.

Henry Ford Medical Center

22777 West 11 Mile Road (1/8 Mile west of Lahser), Southfield, MI 48034

(248)358-0722

Non-emergency facility; Services offered: Internal Medicine, family practice, OB/GYN, and pediatric doctors; occupational and physical therapy.

Visiting Nurses Association

25900 Greenfield R. (SE corner @ Lincoln (11 ½ Mile Rd.)), Ste. 600, Oak Park, MI 48237

(800) 882-5720

Nurses and social workers provide in-home services.

Visiting Physicians Association

21540 W. 11 Mile Road, Ste. 200, Southfield, MI 48076

(248) 352-2000

Physicians and medical technicians provide in-home services.

MEDICAL SUPPLIES**Guardian Medical Monitoring**

18000 W. Eight Mile, Southfield, MI 48075

(888) 349-2400

A plug-in personal emergency response system. Usable by hearing & visually impaired subscribers. Hands-free, two-way voice communication.

PRESCRIPTIONS

This information is for people who do NOT have prescription coverage. There are a variety of programs, depending on financial and age qualifications.

AARP Pharmacy Services Card

1-800-424-3410

Offers discounts ranging from approximately 15% off the price of brand name prescription medicine to 50% off the price of generics, at 47,000 pharmacies nationwide and by mail. The card costs \$15.00 annually for members. (Membership is available to individuals 50 years and older for \$12.50 per year)

GlaxoSmithKline Orange Card

1-888-825-5249

Offers 30-40% off the price of GSK medicines, including Advair, Avandia, Lanoxin, Paxil, Welbutrin, Coreg, Serevent, Flonase nasal spray, Imitrex and Miacalcin. Accepted at Rite Aid pharmacies. Serves seniors 65 years and older and people with disabilities who have Medicare and are without prescription drug insurance. Income cannot exceed \$30,000 for individuals or \$40,000 for couples.

Lily Answers Card

1-877-795-4559 Anytime

Offers a 30-day supply of any Eli Lilly and Company outpatient medicine for a flat fee of \$12 per drug per month. Drugs include Evista, Humulin, Humalog, and Prozac

Costco

2343 S. Telegraph Rd., Bloomfield Hills, MI

(248) 972-0725

Offers low cost prescription drug coverage. Need not be a member to use pharmacy services. Online pharmacy related information, including pricing, available at Costco.com.

SHELTERS

Common Ground Sanctuary

1222 South Washington, Royal Oak, MI 48067

(248) 547- 2260

Shelter to homeless and runaway youth 10-17 years old. Short program (2 weeks) and longer transitional living programs (up to 2 years)

Salvation Army

(800) 274-3583

Provides referrals to 24 hr. shelters

South Oakland Shelter (S.O.S)

431 N. Main Street, Royal Oak, MI 48067

(248) 546-6566

Provides shelter for homeless in Oakland County. Emergency Shelter 4 pm-8am, 7 days/week. Provides 3 meals a day to all clients. No drugs or alcohol. Shelter site "floats" through different cities. 90-day rotating shelter. Provides case management and counseling services.

Oakland Livingston Human Services (OLHSA)

345 E. 9 Mile Road, Ferndale, MI 48220

(248) 542-5860

NOT a shelter, but can provide housing referrals

SENIOR HOUSING

(All located in Southfield)

Bedford Villa Health Care Center

Nursing Home

(248) 557-3333

Evergreen Health & Living Center

Nursing Home

(248) 203-9000

The Fountains of Franklin

Retirement Comm., Asst'd Liv.,

(248) 353-2810

Franklin Terrace

Retirement Community

(248) 358-0212

Heatherwood

Retirement Community

(248) 350-1777

The Heritage

Retirement Comm, Asst'd Liv.

(248)727-2000

Highland Towers - Independent Living

(248) 569-7077

Lahser Hills Nursing Center

Nursing Home

(248) 354-3222

The Lakeland Center - Nursing Home

(248) 350-8070

Margot and Warren Coville Apts.

Assisted Living

(248) 592-1155

McDonnell Towers - River Park Place

Senior Apartments, Assisted Living

(248) 355-2810

Meadowcrest Apartments

Nursing Home

(248) 423-3690

Menorah House

Nursing Home

(248) 557-0050

Midway House of Southfield

Assisted Living

(248) 386-2986

Park Crest Apts.

Senior Apartments

(248) 353-5835

St. Anne's Mead Nursing Facility

Nursing Home

(248) 557-1221

Trowbridge

Retirement Community, Asst'd. Living

(248) 352-0208

Providence Apartments

(248) 557-5338

Woodridge Apartments

(248) 357-5450

TRANSPORTATION

Give A Lift, Inc.

17800 Northland Park Ct., Ste. 100, Southfield, MI 48075

(248) 569-5010

Rehabilitation transportation specialists; complete spinal cord & head injury services; direct billing for workers comp and auto claims; state certified for Medicaid; \$30 for pickup & \$2.50 per mile. Appointments only.

T.O.S.S. (Transportation of Southfield Seniors)

24350 Civic Center Drive, Southfield, MI 48034

(248) 796-4658

Lift-equipped vans, also cars and small buses. Transportation to medical appointments. Donations suggested.

SMART

(866) 962-5515

Lift-equipped bus with established Southfield route, has door to door service

UTILITIES

Oakland Livingston Human Service

345 E. 9 Mile Road (4 blocks E. of Woodward), Ferndale, MI 48220

(248) 542-5860

Financial help with shut-off notices, during the winter months.

Salvation Army

27500 Shiawassee (W. side of Inkster, S. of 9 Mile), Farmington Hills, MI 48336

(248) 477-1153

Must meet eligibility criteria; resident of Southfield or Farmington and be low income to receive assistance for utility shut-offs.

Southfield Human Services Dept.

26080 Berg Road, Southfield, MI 48034

(248) 796-4540

Provides emergency assistance for individuals facing utility shutoffs on a limited basis. Site for THAW (The Heat and Warmth Fund), to assist with utility bills during the winter months.

SELF HELP/ADVOCACY

Alcoholics Anonymous/Oakland Cty.

P.O. Box 430809, 168 University Drive, Pontiac, MI 48342

(248) 332-3521

AA is a self-help support group based on the principles of the 12-step fellowship that focuses on recovery from alcohol dependence.

Alzheimer's Association

20300 Civic Center Drive, Ste, 100, Southfield, MI 48076

(248) 351-0280

Information and assistance, education and training, caregiver support groups, counseling/care management, safe return program, in-home respite, and group respite (adult day care).

American Cancer Society

20450 Civic Center, Southfield, MI 48076

(248) 663-3400

A comprehensive listing of resources to assist with referrals, including those for wigs, and prosthesis. Support groups are available to help participants living with the everyday challenges of cancer.

American Assoc. Retired Persons

24400 Civic Center, Southfield, MI 48034

(248) 796-4650

Nonprofit membership organization dedicated to addressing needs and interests of persons 50 and older.

American Diabetes Society

30300 Telegraph Rd. Suite 117, Bingham Farms, MI 48025

(248) 433-3830

Referrals for services including: classes on diabetes management, supplies, physicians, hospitals, and support groups. Summer camp for diabetics, ages 8 to 16 years old.

American Heart Association

24445 Northwestern Hwy., Ste. 100, Southfield, MI 48075

(248) 827-4214

Research, education, community programs, information on heart disease and stroke.

American Indian Services

1110 Southfield Road, Lincoln Park, MI

(313) 388-4100

A mental health program, which services American Indian youths between the ages of 5 & 17. Case management services available to children and their families.

American Lung Assoc.of Michigan

25900 Greenfield Road, Suite 401, Oak Park, MI 48237

(248) 784-2000

Information regarding lung disease, smoking prevention and cessation.

American Red Cross (Southeastern Michigan Chapter)

100 Mack Avenue, P.O. Box 33351 , Detroit, MI 48232-5351

(313) 833-4440 - (877) 788-0014

Provides disaster relief and helps people prevent, prepare for, and respond to emergencies. Services provided include assistance for disaster victims, social services for military personnel and their families, health and safety education and training, volunteer programs, and youth programs.

Autism Society of America

1213 Center Street, Ste B, Lansing, MI 48906

(800) 223-6722 - (517) 882-2800

Information, education, and referral services; training, consultation and technical assistance to families, schools, employers, and community mental health agencies.

CHORE @ Southfield Housing Department

21030 Indian Street, Southfield, MI 48076

(248) 796-4178

Provides minor home maintenance and repairs to homeowners who are low-income senior adults or individuals with disabilities

Epilepsy Foundation of Michigan

20300 Civic Center Drive, Ste. 250, Southfield, MI 48076

(800) 377-6226 - (248) 351-7979

Provides services for individuals with epilepsy/seizure disorders.

Juvenile Diabetes Rsch. Foundation

24359 Northwestern Highway, Southfield, MI 48075

(248) 355-1133

A non-profit corporation whose primary objective is to raise funds to support and advance research in the field of diabetes.

Legal Aid Clinic @ Southfield Human Services
26080 Berg Road, Southfield, MI 48034
(248) 796-4540

Provides free 15 minute consultation with an attorney. Provides legal advice only; no document preparation or follow up.

Legal Aid and Defender Assoc.
613 Abbott Street, Detroit, MI 48226
(877) 964-4700 - (313) 967-5555

Provide free legal advice and court representation to income eligible residents. Bring verification of income.

March of Dimes
27600 Northwestern Hwy. Ste. 150 , Southfield, MI 48034
(248) 359-1550

Mission is to improve the health of babies by preventing birth defects and infant mortality through community services.

Mental Health Assn. of MI
30233 Southfield Road, Ste. 220, Southfield, MI 48076
(248) 647-1711

Works to strengthen and improve the treatment of mentally ill adults, adolescents, and children to aid in the reduction and prevention of mental disorders; provides referrals, education, and advocacy concerning those with mental illness.

Michigan Assn. for Children w/ Emotional Disorders
30233 Southfield Road, Ste. 219, Southfield, MI 48076
(248) 433-2200

Referral, advocacy, support, and general information regarding emotional disorders in children.

Michigan Lupus Foundation
26507 Harper Avenue, St. Clair Shores, MI 48081
(800) 705-6677 - (586) 775-8310

Free printed material on lupus, educational series for lupus patients, their families and significant others.

Michigan Parkinson Foundation

30400 Telegraph, Ste. 150, Bingham Farms, MI 48025

(800) 852-9781 - (248) 433-1011

Support groups, education, newsletter, financial support for adult day care and Parkinson's medications.

Narcotics Anonymous Help Line

220 W. 9 Mile Road, Ferndale, MI 48220

(248) 543-7200

A self-help support group based on principles of the 12-step fellowship that focuses on recovery from addiction.

Oakland and Macomb Ctr for Independent Living

13213 E. 14 Mile Rd, Sterling heights, MI 48312

(586) 268-4160

Peer counseling, advocacy, information and referral, and independent living skills training.

Oakland County Employment and Training Division

Southfield Career Center

21030 Indian Street, Southfield, MI 48034

(248) 796-4550

Administers employment and training programs for the balance of Oakland County Service Area.

Oakland County Health Division - Children's Special Health Services

1200 North Telegraph Road, Bldg. 34E, Pontiac, MI 48341

(248) 858-0056

Medical care and treatment, specialty clinic home nursing care, medication, equipment and supplies, respite care, and services coordination.

Oakland County Health Division - Office of Substance Abuse

1200 North Telegraph Road, Bldg. 34E, Pontiac, MI 48341

(248) 858-0001

An administration unit responsible for the establishment and maintenance of a network of substance abuse treatment and prevention programs to meet the needs of Oakland County residents.

Oakland County Health Division - WIC Program
1200 North Telegraph Road, Bldg. 34E, Pontiac, MI 48341
(248) 858-1272

Offers nutrition education and supplemental foods to low and moderate-income pregnant or nursing mothers, and to infants and children under 5 years of age who have medical and/or nutritional needs.

Oakland Mediation Center - 46th District Court
26000 Evergreen Rd., Southfield, MI 48037
(248) 796-5845

Mediation services for individuals, businesses, private and government agencies, schools and youth organizations of Oakland County.

Orchard Children's Services
30215 Southfield Rd., Southfield, MI 48076
(248) 258-0440

Provides foster care, adoption, and family preservation services

Overeaters Anonymous- Greater Detroit Intergroup
25511 Southfield Rd. Suite 127, Southfield, MI 48075
(248) 559-7722

Provides group support for those recovering from compulsive overeating and other food disorders.

Tri-County Dental Health Council
29350 Southfield Rd. Suite 35, Southfield, MI 48076
(248) 559-7767

Information and referral service for dental care, denture assistance for senior citizens, community education, and advocacy.

Accounting Aid Society
18145 Mack Avenue, Detroit, MI 48224
(313) 647-9620

Provide free income tax preparation to residents. Income guidelines: \$20,000 or less for individuals; \$39,000 or less for families.