

PARKS & RECREATION SOUTHFIELD

Southfield
the center of it all™



Southfield Sports Arena
OPEN SKATE

**SOUTHFIELD CELEBRATES
BLACK HISTORY MONTH**

Remember. Educate. Celebrate.



WELCOME

Get ready to hit the ice because Open Skate is back at the Southfield Sports Arena! Whether you're a seasoned skater or just starting out, it's the perfect winter activity.

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On occasion, Parks & Recreation staff will take pictures of individuals using our parks and facilities or participating in our special events, programs or classes. Please be aware that these photos are for Parks & Recreation Department use only and may be used in future promotional pieces such as social media posts or printed materials such as flyers or activity brochures.

Parks & Recreation Building & Pavilion
 26000 Evergreen Road (248) 796-4620
 M-F..... 9:00 AM-5:00 PM

Senior Services
 26000 Evergreen Road (248) 796-4650
 M-Th..... 9:00 AM-4:00 PM
 F 9:00 AM-2:00 PM

Arts & Activities Building
 26000 Evergreen Road (248) 796-4620

Beech Woods Recreation Center
 22200 Beech Road..... (248) 796-4670
 M-F 9:00 AM-5:00 PM

Beech Woods Wellness Center.....(248) 796-4676
 M-F..... 9:00 AM-7:00 PM
 Sa/Su Closed

Beech Woods Heated Tees
 22202 Beech Road..... (947) 216-4653
 Open daily, unless temperatures drop below 20°
November - February
 M-Su 11:00 AM-7:00 PM
March - April
 M-Su 9:00 AM-8:00 PM

Burgh Historical Park
Please note: the Burgh Historical Park and it's buildings are not available for rental.
 Northeast corner of Civic Center Drive & Berg Road
 26060 Berg Road (248) 796-4620

Park Services
 26000 Evergreen Road (248) 796-4630
 M-F..... 7:30 AM-3:30 PM

Southfield Sports Arena
 26000 Evergreen Road (248) 796-4640

Park Adventures



Meet the group in parking lot of the park at 9 am unless otherwise noted.

January

- Jan 9 Carpenter Lake Nature Preserve
- Jan 16 Berberian Woods Nature Preserve
- Jan 23 Bauervic Woods Park
- Jan 30 Inglenook Park

FEBRUARY

- Feb 6 Freeway Park /Lincoln Woods
- Feb 20 Bedford Woods Park
- Feb 27 Art Walk/Red Pole Park*
*Meet at Parks & Recreation

Check social media for weather updates or call (248) 796-4620.

MARCH

- Mar 6 Carpenter Lake Nature Preserve
- Mar 13 Berberian Woods Nature Preserve
- Mar 20 Bauervic Woods Park
- Mar 27 Inglenook Park

April

- Apr 3 Freeway Park /Lincoln Woods
- Apr 10 Bedford Woods Park
- Apr 17 Civic Center Park
- Apr 24 Burgh Historical Park

FULL MOON WALKS

Experience the park like never before, under the glow of the full moon!

Mon, January 13 5:15 PM
Thur, February 13 5 PM

Civic Center Park,
26000 Evergreen Road

Fun for Kids

Arts/Entertainment

My Favorite Art Class with Kidcreate Studio

This is the class your little artist has been waiting for! Painting, drawing and clay - it's all so much fun! Your artist will have a blast while exploring many techniques, styles and materials. We'll make silly clay owls and an adorable hand print flower garden; we'll even make a dinosaur that glows in the dark! There's no doubt that this WILL be your artist's FAVORITE art class, so be sure to sign up early for this popular class. Come ready to get messy while you play right along with your child.

Children must be accompanied by a caregiver.

Ages: 1½ - 6
6 weeks **Resident: \$72** **NR: \$82**
W Jan 8-Feb 12 9:30-10:30 AM #10410

📍 Arts & Activities Building - Studio Room

Art Academy with Kidcreate Studio

Does your child love art? Painting, drawing, clay - it's all awesome! We will experiment with many techniques, materials and styles as we make snow globes, paint on canvas, create clay characters and more. Come ready to have an artsy good time!

Ages: 5 - 12
6 weeks **Resident: \$72** **NR: \$82**
Tu Jan 7-Feb 11 4:30-5:30 PM #10411

📍 P&R Building - Room 222/223

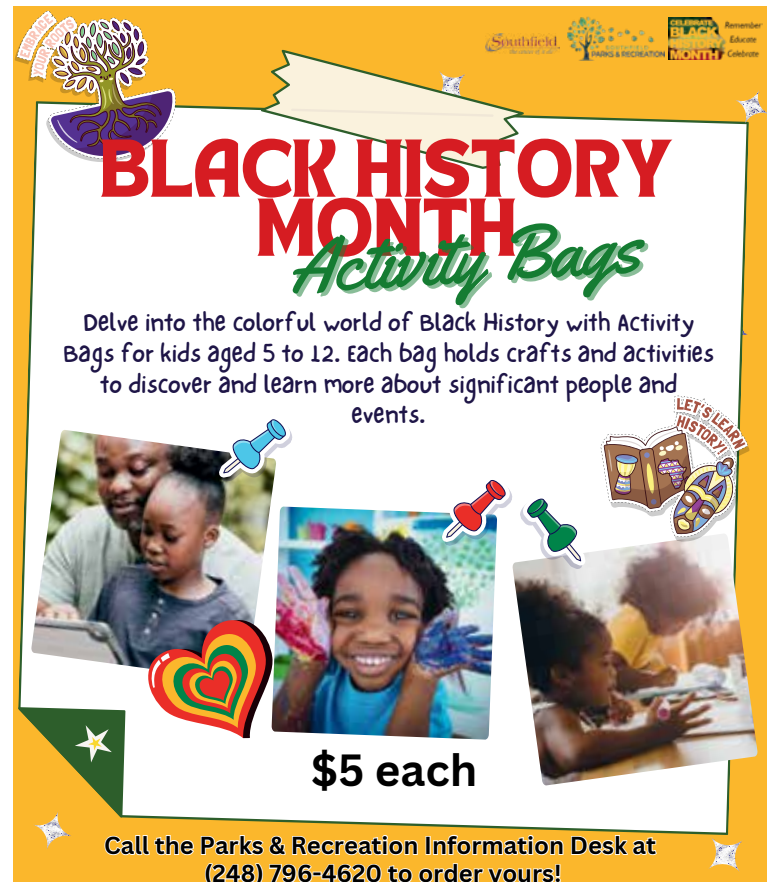
Canvas & Clay Camp with Kidcreate Studio

Creating with clay and painting on canvas - it just doesn't get better than that! In this camp, your child will get to experiment with many different types of art while learning simple step-by-step painting and clay techniques. They will make 3D bears, owls that glow-in-the-dark, a scratch board painting of a cat, and so much more! What a great way for your child to explore the incredible world of art!

Please pack a nut free snack, lunch and drink for your child each day.

Ages: 5 - 12
4 days **Resident: \$250** **NR: \$270**
M-Th Mar 31-Apr 3 9:00 AM-4:00 PM #10412

📍 P&R Building - Room 222/223



BLACK HISTORY MONTH
Activity Bags

Delve into the colorful world of Black History with Activity Bags for kids aged 5 to 12. Each bag holds crafts and activities to discover and learn more about significant people and events.

\$5 each

Call the Parks & Recreation Information Desk at (248) 796-4620 to order yours!

Southfield PARKS & RECREATION
BLACK HISTORY MONTH
Remember Educate Celebrate

LET'S LEARN HISTORY!

The poster features a yellow background with a white banner at the top. It includes a tree logo with roots, a heart with a rainbow, and three photos of children engaged in art activities. The text is in various colors and fonts, including red, green, and black. There are also small star icons in the corners.

SUPER SATURDAY & SILLY SUNDAY

AGES 2 - 11

10 AM - 12 PM
PARKS & RECREATION BUILDING
\$10/RESIDENT/DAY
\$15/NON-RESIDENT/DAY

Saturday, January 18



Make a snow globe, play games and have fun with our hot chocolate bar.

SUNDAY, JANUARY 26
1 - 3 PM



Let's make Valentines for special friends! We're also making a Candy Salad!!

Saturday, March 8



We will be making an edible garden and playing spring games!

Saturday, February 22



We will make Unity bracelets, do puzzles and more!

Saturday, April 5



Bagels, crafts and Bunny visits!

PARENTS ARE WELCOME TO STAY BUT IT IS NOT REQUIRED.



Southfield Touch-a-Truck

Sunday, April 27
1* - 4 pm

***Sensory Sensitive Hour**
No horns, or flashing lights
1 - 2 PM



Southfield Municipal Campus, 26000 Evergreen Rd
(248) 796-4620



Fun for Kids

Athletics/Sports

Grasshopper Basketball

Instructor: G. Hawthorne

Over the course of six weeks, kids will engage in a variety of fun activities, including stations, drills, and live play. They'll develop essential skills such as passing, shooting, defense, and dribbling. Our goal is to ensure that every child finishes the program with a smile and a love for basketball.

Ages: 4 - 6

6 weeks	Resident: \$50	NR: \$65	
Sa	Jan 18-Feb 22	9:00-9:50 AM	#10291
Sa	Mar 1-Apr 5	9:00-9:50 AM	#10292

📍 BW Recreation Center - Court 1

Basketball Skills & Drills

Instructor: T. Marshall

This class is designed to teach your child the skills they need for both on and off the court to be a better athlete. Your child will learn the fundamentals and strategies of the game while developing the basic skills that are needed to play in a league format.

Ages: 7 - 11

5 weeks	Resident: \$50	NR: \$65	
M	Jan 27-Mar 3*	6:00-6:50 PM	#10295
M	Mar 10-Apr 7	6:00-6:50 PM	#10296

**No class Feb 17*

📍 BW Recreation Center - Court 3

Youth Basketball Clinic

Instructor: G. Teasley

Designed for kids aged 7-10, this clinic focuses on teaching the strategies of basketball and developing essential skills for game situations. Your child will learn and grow in a supportive environment, preparing them to excel on the court.

Ages: 7 - 10

6 weeks	Resident: \$50	NR: \$65	
Sa	Jan 18-Feb 22	10:00-10:50 AM	#10293
Sa	Mar 1-Apr 5	10:00-10:50 AM	#10294

📍 BW Recreation Center - Court 1

Winter Basketball Leagues

These leagues are offered for boys and girls in grades 4 through 8 based on current school grade. Practices will be on Fridays at Beech Woods with all games held on Saturdays. A team jersey will be given to all participants.

Please contact Angelica Mickens at amickens@cityofsouthfield.com if you would like to coach or need more information about this program.

4th - 5th Grade League Ages: 8 - 10

8-game schedule

11 weeks	Resident: \$100	NR: \$115	
Sa	Mar 8-May 17	10:00-11:00 AM	#10299

📍 BW Recreation Center - Court 2

6th - 8th Grade League Ages: 11 - 14

8-game schedule

11 weeks	Resident: \$100	NR: \$115	
Sa	Mar 8-May 17	11:00 AM-12:00 PM	#10300

📍 BW Recreation Center - Courts 1 & 2

Youth Open Gym

- All participants must register for the season upon their first visit; Participants must be escorted by a parent or guardian at registration.
- Anyone age 9-13 must be signed in by a parent or guardian **every visit**.
- Open Gym is limited to 45 participants per day.
- Parents/adults are not allowed on the courts during Youth Open Gym.

Ages: 9 - 18* (*Must bring valid student ID. Current High School students only.*)

2 hours **Resident: \$3** **NR: \$5**

M-Th	Jan 7 - May 16*	3:30-5:30 PM	
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**No Open Gym Jan 20 & Feb 17*

📍 BW Recreation Center - Courts 1-3

Fun for Kids

Dance Classes with Impulse Dance Academy

Second Half of Season

Resident - 45-minute class	\$48/month
NR- 45-minute class	\$58/month
Resident - 60-minute class	\$62/month
NR - 60-minute class	\$72/month

**At the time of registration, the first month's installment will be due. This is non-refundable. Installment payments are withdrawn on the 1st of the month and will be automatically billed to the credit card on file. Any declined payments not resolved within 5 days of first attempt to withdraw will incur a \$20 late fee.*

Registration & Tuition Policies:

- No tuition proration, refunds, or credits for missed classes.
- Mid-season enrollment adjusts tuition based on start date.
- Tuition independent of monthly class count or attendance.
- Holidays and closures factored into 5 payments.
- Classes exceed 20 weeks, allowing for unforeseen disruptions.
- Make-ups scheduled if the session falls below 20 weeks.
- Tuition excludes recital fee, dance attire, and additional fees.
- Parks and Recreation collects tuition; overdue payments result in class prohibition.
- Non-responsive for 30 days leads to class removal; re-registration required.

Note: Dancers can register for multiple classes with rates applicable to the number of classes.

Cancellation Policy:

- Monthly tuition continues until written cancellation request received.
- Submit cancellations 15 business days prior to first of month to sjenkins1@cityofsouthfield.com.
- Cancel anytime; if 15 business days before the month starts, no next-month charge.
- For more info, call Samantha at (248) 796-4667 or email impulsedancestudio@yahoo.com.

Taps & Tutus

Instructor: Impulse Dance Academy
Foster a love of movement with this fun, energetic class that explores rhythm, song, body awareness, coordination skills, imagination and creative expression. Lesson plans consider student's attention span and keeps them happily engaged while learning to translate music into movement. Children must be potty trained and able to be independent from their parent in class.

Dress Code: black leotard, pink tights, pink ballet shoes.

Ages: 3 - 5

23 weeks **Resident: \$48/month** **NR: \$58/month**

W Jan 8-June 13 6:00-6:45 PM #10247

📍 Arts & Activities Building - Dance Room



Mini Ballet

Instructor: Impulse Dance Academy
Introduction of classical ballet technique and terminology. Based on a combination of the French, Vaganova and Cecchetti methods as students progress.

Dress Code: black leotard, pink tights, pink ballet slippers, hair secured in a bun (no tutus/skirts).

Ages: 3 - 5

Saturday Class

23 weeks **Resident: \$48/month** **NR: \$58/month**

Sa Jan 4-June 14 11:30 AM-12:15 PM #10119

📍 Arts & Activities Building - Dance Room

Thursday Class

23 weeks **Resident: \$48/month** **NR: \$58/month**

Th Jan 9-June 12 5:30-6:15 PM #10120

📍 Arts & Activities Building - Dance Room
www.cityofsouthfield.com

Fun for Kids

Hip Hop

Instructor: Impulse Dance Academy
Introduction to vocabulary, style, and self-expression of hip-hop music. These high energy classes are taught to students who have a passion to move!

Dress Code: comfortable, loose-fitting clothing.
Dance shoes/sneakers (no street shoes or jeans).

Mini Hip Hop

Ages: 5 - 6

23 weeks **Resident: \$48/month** **NR: \$58/month**

Sa Jan 4-June 14 10:30-11:15 PM #10121

📍 Arts & Activities Building - Dance Room

All Boys Hip Hop

Ages: 5 - 8

23 weeks **Resident: \$48/month** **NR: \$58/month**

Th Jan 9-June 12 5:30-6:15 PM #10117

📍 Arts & Activities Building - Dance Room

Mini/Jr Hip Hop

Ages: 5 - 10

23 weeks **Resident: \$48/month** **NR: \$58/month**

Th Jan 9-June 12 6:30-7:15 PM #10122

📍 Arts & Activities Building - Dance Room

Jr Hip Hop

Ages: 7 - 8

23 weeks **Resident: \$48/month** **NR: \$58/month**

Sa Sept 14-June 14 11:30 AM-12:15 PM #10114

📍 Arts & Activities Building - Dance Room

Jr/Teen Hip Hop

Ages: 9 - 14+

23 weeks **Resident: \$48/month** **NR: \$58/month**

Sa Jan 4-June 14 12:30-1:15 PM #10115

📍 Arts & Activities Building - Dance Room

Adult Hip Hop

Ages: 18 and up

See page 20 for more details.

23 weeks **Resident: \$48/month** **NR: \$58/month**

Th Jan 9-Jun 12 7:30-8:15 PM #10248

📍 Arts & Activities Building - Dance Room



KIDS
DANCE
PROGRAM
RECITAL

SATURDAY, JUNE 21

Seaholm High School



Jr/Teen Ballet/Jazz

Instructor: Impulse Dance Academy
These classes combine the techniques of classical ballet and modern jazz with current forms of popular music. Emphasizing balance, isolations, flexibility, coordination, timing, strength and creative expression. Dancers alternate between the two styles during the program, and will work on a performance piece.

Dress Code: black leotard, pink tights, pink ballet slippers, hair secured in a bun (no tutus/skirts).

Ages: 9 - 14+

23 weeks **Resident: \$62/month** **NR: \$72/month**

Sa Jan 4-June 14 1:30-2:30 PM #10118

📍 Arts & Activities Building - Dance Room

Fun for Kids

Hobbies/Interests

Robots and Coding 1

Instructor: W. Hill

Build robots and learn to code them. The robots are driven by a video game controller, which the student can code, too. No prior experience required.

Students will use the engineering process while learning mechanics, materials, software and hardware. The class is taught by an Engineering teacher provided by *ckingnowledge Institute*. Bring your own computer so you can keep your code on it.

Ages: 9 - 15

6 weeks **Resident: \$150** **NR: \$170**
M Jan 13-Mar 3* 4:30-6:00 PM #10285

**No class Jan. 20 & Feb. 17*

📍 P&R Building - Room 222 & 223

Robots and Coding 2

Instructor: W. Hill

For those who have completed the prerequisite *Robots and Coding 1*, in this course you will continue to build on top of the Basebot. This time you will add a robot arm and claw, and then write software code to accomplish a variety of missions. Your skills will go to the next level by using the engineering process and practicing as a team. You will also learn physics while working to make a robot which can fetch your items.

Ages: 9 - 15

6 weeks **Resident: \$150** **NR: \$170**
M Mar 17-Apr 28* 4:30-6:00 PM #10286

**No class Mar 31*

📍 P&R Building - Room 222 & 223

Get ready to Flip, Fly, and Flex!

Combine the grace of dance with the thrill of acrobatics in our brand-new Acro class. Imagine flipping, twisting, and soaring through the air like never before! Whether you're a beginner or already have some tricks up your sleeve, this class will challenge your body and ignite your creativity. Stay tuned, because something amazing is coming your way, and you won't want to miss it!



Daddy-Daughter Dance



Calling all little princesses aged 2-14
and their favorite guy!
Get ready for a magical night of
dancing and fun!

SATURDAY, MARCH 22
4 - 6 PM

\$20/SOUTHFIELD RESIDENT;
\$25/NON-RESIDENT

*Registration applies to both children and
chaperones. Every person must have a ticket to
enter. There are no ticket sales at the door.*



*Don't forget your camera to catch
all the fun and special moments*

SOUTHFIELD PAVILION,
26000 Evergreen Road
(248) 796-4620





Winter Fest

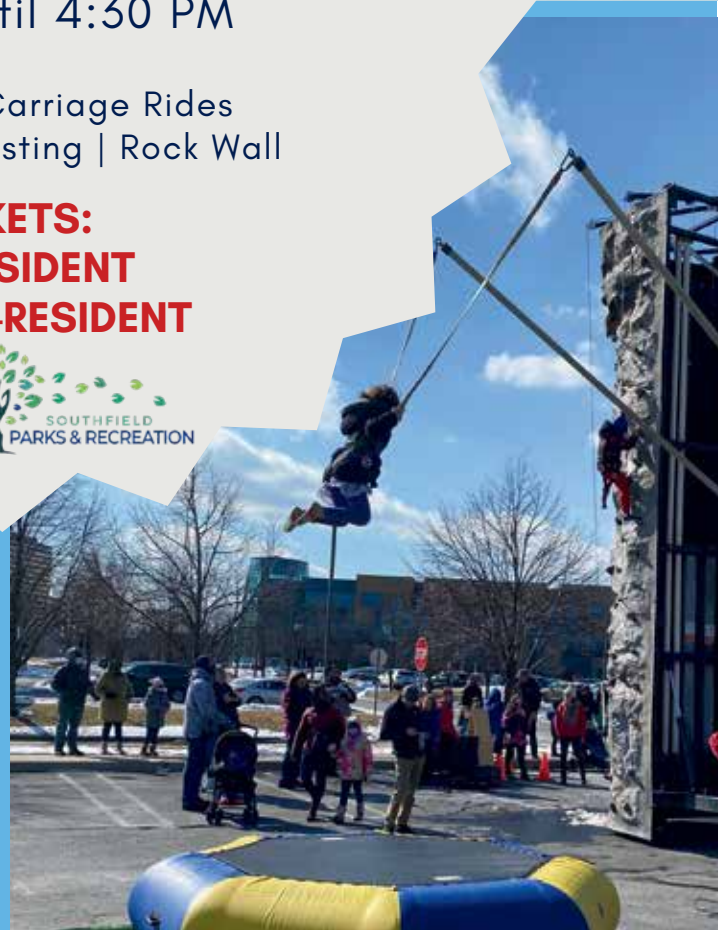
SOUTHFIELD SPORTS ARENA

Sunday, March 9

2:00 PM until 4:30 PM

Ice Skating | Carriage Rides
Marshmallow Roasting | Rock Wall

TICKETS:
\$4/RESIDENT
\$5/NON-RESIDENT



Indoor Tennis - All Ages

Quick Start Beginner Tennis Lessons

Instructor: R. Hughes

Introduce your little ones to the exciting world of tennis with Quick Start Tennis! This beginner-friendly program teaches young players how to handle their racquets and track the ball's flight and direction. Through engaging activities and fun games, kids will learn the basics using low-compression and foam balls for easier play. Please bring your own racquet and get ready for a fun-filled start to tennis!

Ages: 4 - 6

5 weeks **Resident: \$55** **NR: \$70**

Sa Jan 18-Feb 15 11:30 AM-12:20 PM #10333

Sa Feb 22-Mar 22 11:30 AM-12:20 PM #10338

📍 BW Recreation Center - Court 3

Ages: 7 - 10

5 weeks **Resident: \$55** **NR: \$70**

Sa Jan 18-Feb 15 12:30-1:20 PM #10334

Sa Feb 22-Mar 22 12:30-1:20 PM #10339

📍 BW Recreation Center - Court 3

Beginner Tennis Lessons - Family

Instructor: R. Hughes

Serve up some fun this winter with our Family Beginner Tennis class! Designed for pairs who are new to the game, this course covers all the basics: rules, grip, footwork, forehand, backhand, serve, volley, and scoring. It's a fantastic way to learn together and stay active indoors at the Beech Woods Recreation Center gym. Each participant must register—bring your enthusiasm, and get ready to hit the court as a team!

Ages: 7 and up

5 weeks **Resident: \$55** **NR: \$70**

Senior: Resident: \$49.50 NR: \$63

Th Jan 16-Feb 13 7:00-7:50 PM #10332

Th Feb 20-Mar 20 7:00-7:50 PM #10337

📍 BW Recreation Center - Court 3

Beginner Tennis Lessons

Instructor: R. Hughes

Step onto the court this winter and learn the basics of tennis! Ideal for those new to the game or just starting, this beginner-friendly course covers all the essentials. You'll learn the rules, practice grip and footwork, and get comfortable with key moves like the forehand, backhand, serve, and volley. Classes are held indoors at the Beech Woods Recreation Center gym—perfect for staying active and sharpening your skills during the colder months!

Ages: 8 and up

5 weeks **Resident: \$55** **NR: \$70**

Th Jan 16-Feb 13 6:00-6:50 PM #10331

Th Feb 20-Mar 20 6:00-6:50 PM #10336

📍 BW Recreation Center - Court 3

Ages: 11 - 17

5 weeks **Resident: \$55** **NR: \$70**

Sa Jan 18-Feb 15 1:30-2:20 PM #10335

Sa Feb 22-Mar 22 1:30-2:20 PM #10340

📍 BW Recreation Center - Court 3



Karate - All Ages

Get ready to become a Karate star! Every class will have you covered on the essentials: technique, movements, drills, stances, respect, etiquette, mottos, concentration, endurance, and balance.

Classes with Instructor Master Bray

Pre-Karate

This class is tailored for young children, providing a fun and engaging introduction to the fundamentals of karate. Through interactive activities and structured lessons, children will learn basic techniques, stances, and drills, while also developing important life skills such as respect, class etiquette, concentration, endurance, and balance.

Ages: 5 - 6

8 weeks **Resident: \$30** **NR: \$40**

Sa Jan 11-Mar 1 9:30-10:00 AM #10341

Sa Mar 8-May 3 9:30-10:00 AM #10342

📍 BW Recreation Center - Multipurpose Room



Beginner Karate

This class is designed for white and purple belts and anyone without prior experience. Discover how techniques are combined into patterns and practice drills to further hone your skills. You will also be introduced to exercises and stretches to help develop your technique. Finally, put your skills to the test with board breaking exercises. Advancement through colored belt is provided.

Ages: 8 and up

8 weeks **Resident: \$30** **NR: \$40**

Senior: **Resident: \$27** **NR: \$36**

Sa Jan 11-Mar 1 10:15-11:15 AM #10353

Sa Mar 8-May 3 10:15-11:15 AM #10354

📍 BW Recreation Center - Multipurpose Room

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Questions? (248) 796-4620



Intermediate Karate

This class is designed for colored belt practitioners. Focusing on advancing fundamental concepts, forms, techniques, and drills, this class is the perfect stepping stone from beginner to advanced level. Expect to develop your self-defense skills and participate in sparring drills. Advancement up to Black Belt level is provided.

Ages: 8 and up

8 weeks **Resident: \$30** **NR: \$40**

Senior: **Resident: \$27** **NR: \$36**

Sa Jan 11-Mar 1 11:00 AM-12:00 PM #10345

Sa Mar 8-May 3 11:00 AM-12:00 PM #10346

📍 BW Recreation Center - Multipurpose Room



Register Online

www.cityofsouthfield.com

Karate - All Ages

Classes with Instructor Grand Master Mundy

Beginner Karate

Instructor: G.Mundy

This class is designed for white and purple belts and anyone without prior experience. Discover how techniques are combined into patterns and practice drills to further hone your skills. You will also be introduced to exercises and stretches to help develop your technique. Finally, put your skills to the test with board breaking exercises. Advancement through colored belt is provided.

Ages: 8 and up

Tuesday Class

8 weeks	Resident: \$30	NR: \$40
Senior:	Resident: \$27	NR: \$36
Tu Jan 7-Feb 25	6:00-6:50 PM	#10347
Tu Mar 4-Apr 22	6:00-6:50 PM	#10348

📍 BW Recreation Center - Multipurpose Room

Thursday Class

8 weeks	Resident: \$30	NR: \$40
Senior:	Resident: \$27	NR: \$36
Th Jan 9-Feb 27	6:00-6:50 PM	#10349
Th Mar 6-Apr 24	6:00-6:50 PM	#10350

📍 BW Recreation Center - Multipurpose Room

Tuesday & Thursday Class

This class is two days a week.

8 weeks	Resident: \$50	NR: \$65
Senior:	Resident: \$45	NR: \$58.50
Tu,Th Jan 7-Feb 27	6:00-6:50 PM	#10351
Tu,Th Mar 4-Apr 24	6:00-6:50 PM	#10352

📍 BW Recreation Center - Multipurpose Room

Intermediate Karate

Instructor: G. Mundy

This class is designed for colored belt practitioners. Focusing on advancing fundamental concepts, forms, techniques, and drills, this class is the perfect stepping stone from beginner to advanced level. Expect to develop your self-defense skills and participate in sparring drills. Advancement up to Black Belt level is provided.

Ages: 7 and up

8 weeks	Resident: \$50	NR: \$65
Senior:	Resident: \$45	NR: \$58.50
Tu,Th Jan 7-Feb 27	7:00-7:50 PM	#10343
Tu,Th Mar 4-Apr 24	7:00-7:50 PM	#10344

📍 BW Recreation Center - Multipurpose Room

Advanced Karate

Instructor: G. Mundy

This class is designed for higher ranked practitioners of red and black belts with instructor's permission. This course is designed to build upon the concepts, forms, techniques, and drills learned in beginner and intermediate classes. A greater emphasis is put on self-defense skills and sparring drills. We provide advancement through Master Black Belt levels.

Ages: 8 and up

Tuesday & Thursday Class

8 weeks	Resident: \$50	NR: \$65
Senior:	Resident: \$45	NR: \$58.50
Tu,Th Jan 7-Feb 27	8:00-8:50 PM	#10355
Tu,Th Mar 4-Apr 24	8:00-8:50 PM	#10356

📍 BW Recreation Center - Multipurpose Room

Saturday Class

Sa Jan 11-Mar 1	12:15-1:05 PM	#10357
Sa Mar 8-May 3	12:15-1:05 PM	#10358

📍 BW Recreation Center - Multipurpose Room



SUMMER JOB FAIRS

Join our team and experience the fun of
working in Parks and Recreation!

SENIOR
SERVICES
DRIVERS
MOBILE
RECREATION

DAY CAMPS
PARK
MAINTENANCE
GOLF

COMMUNITY
GARDENS
FACILITIES
CUSTOMER
SERVICE

Opportunities Available for
Seasonal (up to 40 hours a week) and
Part-Time (30 hours a week or less)
Workers 18 Years and Older

TUESDAY, MARCH 4
10 AM - 12 PM

WEDNESDAY, MARCH 5
1 - 3 PM

THURSDAY, MARCH 6
5 - 7 PM

SOUTHFIELD PAVILION,
26000 EVERGREEN RD

CALL US FOR MORE DETAILS
(248) 796-4620



BLACK HISTORY MONTH
WALK THROUGH HISTORY

February 1 - 28, 2025
 8 AM - 7PM
 Southfield Pavilion
 248-796-4620

KNOW THE PAST, SHAPE THE FUTURE

CELEBRATE BLACK HISTORY MONTH Remember Educate Celebrate

*Know The Past,
 Shape The Future*

Explore the impactful lives of influential African Americans with us. Walk through their stories, achievements, and legacies in a unique display bringing history to life.

There is no charge to view the exhibit.

Experience the incredible journey of Harriet Tubman brought to life by Leslie McCurdy

This powerful one-woman show will bring Harriet Tubman's incredible story to life. Sure to be a memorable experience for people of all ages.

Admission is free.

THE SPIRIT OF HARRIET TUBMAN

This powerful one-woman show will bring Harriet Tubman's incredible story to life. Sure to be a memorable experience for people of all ages.

SUNDAY, FEBRUARY 16 3 PM

**FREE ADMISSION
 SOUTHFIELD PAVILION**

Southfield Celebrates Black History Month

KICK-OFF EVENT

A CELEBRATION



*to kick off
the month's festivities!*

February 1 4 - 8 PM

**Southfield Pavilion,
26000 Evergreen Rd.**



Let's come together to honor and celebrate Black history, culture, and creativity in Southfield!

Bring your family and friends to connect, support local entrepreneurs, and enjoy an evening filled with culture and community.

Admission is free and open to ages 12 and up.

Get ready to groove to an unforgettable night of music, dancing, and pure good vibes!

Don't miss this chance to dance, connect, and celebrate! Join us for an evening filled with live band performances, a DJ spinning the hits, a cash bar, and delicious food for purchase.

Tickets are \$15 per person and can be purchased online at bit.ly/SfldBHM2025.

Ages 18 and over only, please.

Southfield Celebrates Black History Month

AGES 18 & OVER

Hustle & Flow Party

Get ready for a night of great music, dancing, and good vibes!

**SATURDAY, FEBRUARY 8
7 - 10 PM
SOUTHFIELD PAVILION**

CASH BAR
&
FOOD FOR PURCHASE

DJ
&
LIVE BAND

**\$15
PER PERSON**



Don't miss this captivating night of real stories, shared from the heart.

Hosted by the incomparable Satori Shakoor, this unforgettable evening of storytelling magic will inspire and transform lives, one story at a time.

Tickets are just \$15 per person and can be purchased online at bit.ly/SfldBHM2025.



THE SECRET SOCIETY OF TWISTED STORYTELLERS

TRANSFORMING LIVES ONE **STORY** AT A TIME.

FRIDAY, FEBRUARY 21
6 - 9 PM

SOUTHFIELD PAVILION
26000 Evergreen Rd

TICKETS:
\$15

Southfield Celebrates Black History Month



BLACK HISTORY MATINEE

SUNDAY, FEBRUARY 23 3 PM
Room 115,
Parks & Recreation Building,
26000 Evergreen Rd.
FREE ADMISSION

Southfield Celebrates Black History Month



Mark your calendar and invite friends and family to share in this enriching experience.

Join us for an inspiring afternoon as we screen a film that highlights impactful stories, culture, and achievements within Black history.

The featured movie will be announced in January 2025, so stay tuned to our social media and website for updates.



Adult Programs

Arts/Entertainment

Ceramics

Instructor: K. Robichaud

Create decorative clay forms through hand-building projects using slab and coil techniques. Learn several decorative techniques and develop an understanding of the firing process. The wheel will be available and there will be some outdoor sawdust and raku firing.

\$50 Material Fee paid directly to instructor.

Ages: 16 and up

10 weeks **Resident: \$165** **NR: \$185**

Senior: Resident: \$148.50 NR: \$166.50

W Feb 26-Apr 30 7:00-10:00 PM #10307

📍 Burgh Historical Park - Art Room

Master Mobile Photography

Instructor: RJ Jones

Discover how to capture amazing photos with just your smartphone in this engaging, hands-on course. Learn essential techniques like lighting, composition, and creative tips that will take your photography to the next level, no fancy equipment needed! Perfect for beginners and photography enthusiasts. This course is led by certified professional photographer RJ Jones, who will guide you in unlocking the full potential of your smartphone camera.

Ages: 18 and up

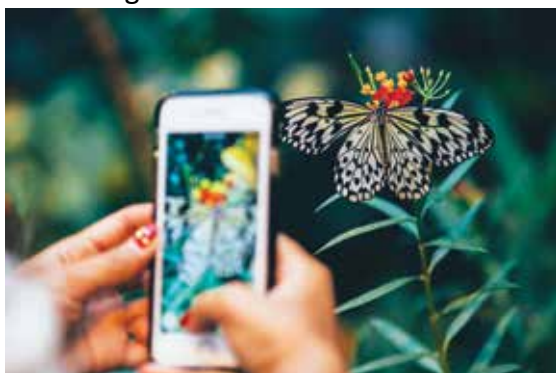
6 weeks **Resident: \$100** **NR: \$120**

Senior: Resident: \$90 NR: \$108

Th Jan 9-Feb 13 7:00-8:30 PM #10407

Th Feb 27-Apr 3 7:00-8:30 PM #10409

📍 P&R Building - Room 221



Athletics/Sports

Adult Open Gym

- All participants must register for the season upon their first visit; current, state-issued picture ID required to participate.
- Open Gym is limited to the first 40 participants to check in each day.

Ages: 18 and up

2 hours **Resident: \$4** **NR: \$6**

M, Tu, Th & F Jan 7 - May 16* 12:30-2:30 PM

*No Open Gym Jan 20 & Feb 17

📍 BW Recreation Center - Courts 1 & 2

Dance/Music

African Dance

Instructor: M. Shani

Come Dance for Life! Embody your energy and graceful beauty by learning traditional African dances from Guinea, Mali, Senegal and Sierra Leone. Dance to express, not to impress!

Ages: 16 and up

6 weeks **Resident: \$60** **NR: \$70**

Senior: Resident: \$54 NR: \$63

M Jan 6-Feb 24* 5:30-7:00 PM #10267

M Mar 3-Apr 7 5:30-7:00 PM #10268

*No class Jan 20 & Feb 17

📍 Arts & Activities Building - Dance Room

Adult Hip Hop

Instructor: Impulse Dance Academy

Introduction to the vocabulary, style and self-expression of hip-hop movement.

Dress Code: Wear comfortable, loose-fitting clothing and dance shoes or sneakers. No street shoes, midriff shirts, or jeans allowed.

Ages: 18 and up

23 weeks **Resident: \$48/month** **NR: \$58/month**

Th Jan 9-Jun 12 7:30-8:15 PM #10248

📍 Arts & Activities Building - Dance Room

Adult Programs

Popular Hustles

Instructor: K. Johnson

This is a dance class that features popular line dances without a partner.

Ages: 18 and up

Tuesday Class

5 weeks **Resident: \$30** **NR: \$40**

Senior: Resident: \$27 NR: \$36

Tu Jan 7-Feb 11 6:30-7:30 PM #10319

Tu Feb 18-Mar 18 6:30-7:30 PM #10321

Tu Apr 1-Apr 29 6:30-7:30 PM #10320

📍 P&R Building - Lower Level Dance Studio

Wednesday Class

5 weeks **Resident: \$30** **NR: \$40**

Senior: Resident: \$27 NR: \$36

W Jan 8-Feb 12 6:30-7:30 PM #10322

W Feb 19-Mar 19 6:30-7:30 PM #10323

W Apr 2-Apr 30 6:30-7:30 PM #10324

📍 P&R Building - Lower Level Dance Studio

Fitness

Balance and Pilates: Part Two

Instructor: D. Leapheart

Pilates is a fantastic full-body workout that boosts strength, flexibility, and core stability. You'll gain better body awareness, learn how Pilates enhances movement efficiency, and develop skills to improve balance. These mat Pilates classes require you to bring your own mat and towel. This class caters to beginners and builds on the fall *Pilates and Balance: Part One* class.

Ages: 18 and up

4 weeks **Resident: \$50** **NR: \$60**

M Jan 13-Feb 10 5:30-6:20 PM #10359

📍 BW Recreation Center - Multipurpose Room

Fat-2-Lean - Low Impact Aerobics

Instructor: P. Latimer

Features 30 minutes of easy-to-follow cardio to elevate your heart rate, followed by 15-20 minutes of strength and balance exercises using weights, balls, and chairs. You'll leave feeling accomplished and smiling!

Ages: 16 and up

Morning Class

7 weeks **Resident: \$74** **NR: \$84**

Senior: Resident: \$66.60 NR: \$75.60

Tu Jan 7-Feb 18 10:00-10:45 AM #10309

Tu Mar 4-Apr 15 10:00-10:45 AM #10314

📍 P&R Building - Room 115

Evening Class

7 weeks **Resident: \$74** **NR: \$84**

Senior: Resident: \$66.60 NR: \$75.60

Tu Jan 7-Feb 18 5:30-6:15 PM #10311

Tu Mar 4-Apr 15 5:30-6:15 PM #10315

📍 P&R Building - Room 115

Fat-2-Lean - Teaches Zumba

Instructor: P. Latimer

Join the party! No dance experience needed—just move to the beat of Latin, Hip Hop, Reggae, and more. It's easy, fun, and a great way to get in shape!

Ages: 18 and up

Monday Class

5 weeks **Resident: \$52** **NR: \$62**

Senior: Resident: \$46.80 NR: \$55.80

M Jan 6-Feb 17 6:00-6:45 PM #10308

📍 P&R Building - Room 115

7 weeks **Resident: \$74** **NR: \$84**

Senior: Resident: \$66.60 NR: \$75.60

M Mar 3-Apr 21 6:00-6:45 PM #10312

📍 P&R Building - Room 115

Thursday Class

7 weeks **Resident: \$74** **NR: \$84**

Senior: Resident: \$66.60 NR: \$75.60

Th Jan 9-Feb 20 6:00-6:45 PM #10310

Th Mar 6-Apr 17 6:00-6:45 PM #10313

📍 P&R Building - Room 115

Adult Programs

5-Point-0 Fusion Dance

Instructor: H. Patton

This low-impact, dance movement class is designed for seniors to improve cognitive skills. As a fusion class, you will experience a blend of exercises from different cultures and genres of music. Each 45-minute class will include a cognitive-focused workout to promote body, heart, mind, soul and spirit enrichment. No experience necessary. Wear comfortable clothing and shoes.

Ages: 16 and up

Tuesday Class

6 weeks	Resident: \$42	NR: \$52
Senior:	Resident: \$37.80	NR: \$46.80
Tu Jan 7-Feb 11	11:45 AM-12:30 PM	#10377
Tu Feb 25-Apr 1	11:45 AM-12:30 PM	#10378
Tu Apr 15-May 20	11:45 AM-12:30 PM	#10379

 Arts & Activities Building - Dance Room

Thursday Class

6 weeks	Resident: \$42	NR: \$52
Senior:	Resident: \$37.80	NR: \$46.80
Th Jan 9-Feb 13	10:30-11:15 AM	#10380
Th Feb 27-Apr 3	10:30-11:15 AM	#10381
Th Apr 17-May 22	10:30-11:15 AM	#10382

 Arts & Activities Building - Dance Room

Moderate Yoga

Instructor: L. Lerman

Our Moderate Yoga class offers a balanced and accessible approach to yoga, suitable for practitioners of all abilities. In this class, participants can expect a combination of gentle warm-up exercises, a variety of yoga poses and controlled breathing. The emphasis is on building strength, flexibility and mindfulness in a supportive and encouraging environment. Bring your yoga mat and non-slip socks.

Ages: 18 and up

6 weeks	Resident: \$60	NR: \$65
M Jan 6-Feb 24*	12:15-1:15 PM	#10269
M Mar 3-Apr 7	12:15-1:15 PM	#10270

**No class Jan 20 & Feb 17*

 P&R Building - Room 223

22

Questions? (248) 796-4620

Beginning Tai Chi with Jay

Instructor: J. Little

Learn the slow, gentle movements of the Tai Chi form that has been practiced for hundreds of years to nourish and strengthen the whole body, mind and spirit.

Ages: 50 and up

Monday Class - P&R Building

6 weeks	Resident: \$30	NR: \$35
Senior:	Resident: \$27	NR: \$31.50
M Jan 6-Feb 24*	6:00-7:00 PM	#10383
M Mar 3-Apr 7	6:00-7:00 PM	#10384
M Apr 14-May 19	6:00-7:00 PM	#10385

**No class Jan 20 & Feb 17*

 P&R Building - Lower Level

Thursday Class - BW Recreation Center

Th Jan 9-Feb 13	9:30-10:30 AM	#10386
Th Feb 27-Apr 3	9:30-10:30 AM	#10387
Th Apr 17-May 22	9:30-10:30 AM	#10388

 BW Recreation Center - Multipurpose Room

Tai Chi Form

Instructor: J. Little

This class is a continuing Tai Chi class for those who know and understand the basics. Focus is on the Tai Chi Form. Instructor approval is needed to take class.

Ages: 16 and up

Monday Class - P&R Building

6 weeks	Resident: \$30	NR: \$35
Senior:	Resident: \$27	NR: \$31.50
M Jan 6-Feb 24*	6:30-7:30 PM	#10392
M Mar 3-Apr 7	6:30-7:30 PM	#10393
M Apr 14-May 19	6:30-7:30 PM	#10394

**No class Jan 20 & Feb 17*

 P&R Building - Lower Level

Thursday Class - BW Recreation Center

6 weeks	Resident: \$30	NR: \$35
Senior:	Resident: \$27	NR: \$31.50
Th Jan 9-Feb 13	10:45-11:45 AM	#10389
Th Feb 27-Apr 3	10:45-11:45 AM	#10390
Th Apr 17-May 22	10:45-11:45 AM	#10391

 BW Recreation Center - Multipurpose Room

www.cityofsouthfield.com

Adult Programs

Stretch and Tone with a Touch of Pilates

Instructor: C. Baugh

In this class you will learn proper form when weight training. You will strengthen and stretch each muscle group in the body from head to toe. Pilates helps to increase strength in the abdominal muscles and back, as well as improve posture and balance. Safety protocols are in place. Please bring your own mat and a towel.

Ages: 16 and up

6 weeks	Resident: \$45	NR: \$55	
Senior:	Resident: \$40.50	NR: \$49.50	
W	Jan 8-Feb 12	5:15-6:00 PM	#10371
W	Feb 26-Apr 2	5:15-6:00 PM	#10372
W	Apr 16-May 21	5:15-6:00 PM	#10373

📍 BW Recreation Center - Multipurpose Room



Yoga for the Back

Instructor: C. Baugh

Yoga for the Back is a contemporary approach to classic yoga, targeting strength training and stretching of the back and abdomen. Poses are introduced step-by-step, in a seated or lying down position and emphasize the quality of movement, proper breathing, flexibility and deep relaxation. Bringing your own mat and towel is highly recommended.

Ages: 16 and up

6 weeks	Resident: \$60	NR: \$75	
Senior:	Resident: \$54	NR: \$67.50	
W	Jan 8-Feb 12	4:00-5:00 PM	#10374
W	Feb 26-Apr 2	4:00-5:00 PM	#10375
W	Apr 16-May 21	4:00-5:00 PM	#10376

📍 BW Recreation Center - Multipurpose Room

Special Interest

CPR and AED Training

Instructor: M. Medici

American Heart Association CPR and AED Training. CPR (cardiopulmonary resuscitation) can help save a life if a person's breathing or heart stops. It's not just for healthcare workers and emergency responders. In fact, CPR can double or triple the chance of survival when bystanders take action! Certification card is good for 2 years.

Ages: 50 and up

3 hours	Resident: \$55	NR: \$65	
Tu	Jan 21	10:00 AM-1:00 PM	#10271

📍 P&R Building - Room 221

3 hours	Resident: \$55	NR: \$65	
W	Mar 12	10:00 AM-1:00 PM	#10272

📍 P&R Building - Room 223

Dog & Cat First Aid and CPR

Instructor: L. Jankowski

What would you do if your Dog or Cat got hurt? Learn how to respond to common emergency situations, first aid techniques and animal CPR (hands on lab to include animal CPR on a dog/cat mannequin). This two-hour class includes a certificate of training and take-home practical handouts.



Ages: 16 and up

2 hours	Resident: \$50	NR: \$55	
Senior:	Resident: \$45	NR: \$49.50	
Sa	Jan 25	10:00 AM-12:00 PM	#10301
Sa	Feb 22	10:00 AM-12:00 PM	#10302
Sa	Apr 12	10:00 AM-12:00 PM	#10303

📍 P&R Building - Room 223

Adult Programs

The Art of Makeup and Etiquette

Instructor: R. Robinson

A delightful blend of beauty and grace taught by a highly experienced and licensed makeup artist. Discover the art of enhancing your natural beauty through expert makeup techniques while mastering the social skills and etiquette that will empower you to shine in any setting.

Ages: 16 and up

6 weeks	Resident: \$180	NR: \$195
Senior:	Resident: \$162	NR: \$175.50
Tu Jan 7-Feb 11	5:00-7:00 PM	#10288
Tu Feb 25-Apr 1	5:00-7:00 PM	#10289

 P&R Building - Room 221

Walking to Weight Loss


Instructor: R. Obudzinski

This 4 week course combines the power of walking with weekly actionable steps focusing on nutrition, hydration, rest and relaxation, and movement. By the conclusion, you will not only witness positive changes in your physique but also cultivate a sustainable enjoyable wellness routine that can be integrated into your daily live. Now, put on your sneakers, and let's embark on a journey to a healthier, fitter version of yourself.

Ages: 18 and up

4 weeks	Resident: \$125	NR: \$135
Senior:	Resident: \$112.50	NR: \$121.50
Sa Apr 5-May 3*	10:00-11:00 AM	#10404

**No class Apr 19*

 P&R Building - Room 221



Southfield Celebrates Black History Month

SHIRTS

\$25.00

SOUTHFIELD CELEBRATES
BLACK HISTORY MONTH
REMEMBER, EDUCATE, CELEBRATE

"THE TIME IS ALWAYS RIGHT TO DO WHAT IS RIGHT."
-MARTIN LUTHER KING, JR.

Get yours!
Parks and Recreation Front Desk M-F 9am-5pm

Call 248-796-4620 for more information!

Southfield  **SOUTHFIELD PARKS & RECREATION**
the center of it all™

Available in Sm-4X while supplies last

Beech Woods *Wellness Center*



**SPECIAL
OFFER**

\$15
PER MONTH
January - April

**Open
Monday- Friday**

9:00 AM - 7:00 PM

EQUIPMENT

- Treadmills
- Stair climbers
- Ellipticals
- Rowing Machines
- 12 Circuit Training Machines
- Upright & Recumbent Stationary Bikes
- Dumbbells

*Join today and start your path to
lifelong fitness!*

**LOCATED INSIDE THE
BEECH WOODS
RECREATION CENTER
22200 Beech Road,
Southfield
(248) 796-4676**





The Southfield Sports Arena will be closed on: Christmas Eve, Christmas Day, New Year's Eve, New Year's Day and Easter.

The Arena's last day of ice activities is April 24, 2025. For more information call **(248) 796-4640**

Open Skate

Lace up your skates, or rent a pair of ours, and join us out on the ice for Open Skate! Please note that anyone aged 2 years and older who wishes skate at the Resident Rate must show a Southfield Resident Leisure Card, Southfield driver's license or Business Leisure Card.

Weekday Lunch Skate

Daily Fee **Resident: \$4** **NR: \$5**
M, W, F Jan 3-Apr 23 12:00-1:20 PM

📍 Southfield Sports Arena - Ice Rink

Skate Rental available on a first come, first serve basis for \$3/person.

Weekend Open Skate

Daily Fee **Resident: \$4** **NR: \$5**
Sa Jan 6-Apr 20 12:00-1:20 PM

📍 Southfield Sports Arena - Ice Rink

Daily Fee **Resident: \$4** **NR: \$5**
Su Jan 7-Apr 21 3:00-4:20 PM

📍 Southfield Sports Arena - Ice Rink



Sticks & Pucks

Hockey players ages 18+ can hit the ice to sharpen their skills at Sticks & Pucks. Spaces are limited to the first 20 people, so be sure to register early! Don't forget – helmets are required for all participants.

Daily Fee **\$8/person**
M, W, F Jan 3-Apr 23 10:30-11:50 AM
Su Jan 7-Apr 21 12:00-1:20 PM

📍 Southfield Sports Arena - Ice Rink

Learn to Skate Lessons

Instructor: J. Brook

Ice skating classes for ages 4 to adult! Join us every Sunday for a 50-minute session, featuring 25 minutes of instruction and 25 minutes of practice. Students are evaluated at the first class to match them with the right instructor for their skill level. Each session is limited to 12 students.

Ages: 4 and up

Skate rental available for an additional \$3, per class.

January Session

Last day to register is Fri, Dec 27 by 12:00 PM

4 weeks **Resident: \$60** **NR: \$65**
Su Jan 5-Jan 26 2:00-2:50 PM #10423

📍 Southfield Sports Arena - Ice Rink

February Session

Last day to register is Fri, Jan 24 by 12:00 PM

4 weeks **Resident: \$60** **NR: \$65**
Su Feb 2-Feb 23 2:00-2:50 PM #10425

📍 Southfield Sports Arena - Ice Rink

ADULT SOFTBALL LEAGUES

Registration begins February 3!

MEN'S E LEAGUE

MONDAY NIGHTS
TEAM FEE \$600*

MEN'S D LEAGUE

THURSDAY NIGHTS
TEAM FEE \$600*

MEN'S C LEAGUE

TUESDAY NIGHTS
TEAM FEE \$600*

CO-REC E LEAGUE

THURSDAY NIGHTS
TEAM FEE \$600*

+\$20 Umpire Fee/game

Swing for the Fences in 2025! 🏆

Ready to hit the diamond? Our Adult Softball League is back this May at Inglenook Park, and we want YOU to join the action! Whether you're assembling a team or looking to join one, there's a spot waiting for you.

🏆 14-game season with playoffs for the top 4 teams in each of our leagues!

• We accept teams AND individual players.

🏆 Games run throughout the week, so you can fit the fun into your schedule!



Email
amickens@cityofsouthfield.com
for more information.

**CIVIC CENTER PARK
SHELTER #1
\$200**

Maximum occupancy 100 people (15 tables)



*Reservations for Summer 2025
begin*
**9 AM
MONDAY,
MARCH 3**



PICNIC SHELTER RESERVATIONS

- Reservations are on a first-come, first-served basis and must be made by a Southfield resident or Business Leisure Card holder.
- Payment in full is required at time of booking. We do not accept personal checks as payment.
- There are no refunds on shelter permits.



**PEBBLE CREEK PARK
\$275**

Maximum occupancy 150 people (18 tables)
Note: no vehicles are allowed past the gate at Pebble Creek Park. No exceptions.



**BEECH WOODS PARK
\$150**

Maximum occupancy 65 people (12 tables)



**CIVIC CENTER PARK
SHELTER #2
\$100**

Maximum occupancy 50 people (10 tables)
This shelter is available for rental only on the weekends.

**SOUTHFIELD PARKS &
RECREATION BUILDING**
26000 EVERGREEN ROAD



CALL FOR DETAILS
(248) 796-4620

SENIOR VENDOR FAIR

Meet with local senior resource vendors and get information on services and goods available in Southfield.

FREE ADMISSION



**FRIDAY,
MARCH 7**

**10 AM
-
12 PM**



**SOUTHFIELD
PAVILION**

**Call Senior Services at (248) 796-4650
for more information.**



Senior (50+) Adult

Seniors! Sign up today for a ONE YEAR Drop-In Membership!

Senior Services Drop-In Programs offer multiple activities for one affordable price. Register once in person, over the phone, or online, and enjoy a fun time with friends for a year!

Parks & Recreation Building,
26000 Evergreen Road
12:30 - 3:30 PM

Cornhole - Mondays & Fridays
Bingo - Tuesdays (10-11:30 AM \$0.25/card)
Sky Jo - Tuesdays
Bid Whist - Tuesdays and Thursdays
Bridge - Wednesdays
Mahjong - Wednesdays

Beech Woods Recreation Center,
22200 Beech Road
10 AM - 12 PM

Bounce Volleyball - Mondays & Wednesdays
Indoor Pickleball - Tuesdays
Indoor Tennis - Thursdays and Fridays

\$10/year Southfield residents;
\$15/year non-residents

For more information call Senior Services (248) 796-4650.



Athletics/Sports

Drop-In Pickleball

Come join in the Pickleball fun at our senior Pickleball open play. Matches are set up each week among players. Equipment is available in the front office to check out.

Ages: 50 and up

Tu Jan 7-May 13 10:00 AM-12:00 PM

📍 BW Recreation Center - Gym



Register Online

30

Questions? (248) 796-4620

Drop-In Senior Bounce Volleyball Open Practice

Join us for our Senior Bounce Volleyball open practices. The game is played by standard volleyball rules except that the ball can bounce before you hit it. Pre-registration is required. All are welcome!

No Wed practices Jan 8-Apr 2 due to league play.

Ages: 50 and up

M, W Jan 6-May 12* 10:00 AM-12:00 PM

**No practice Jan 20 & Feb 17*

📍 BW Recreation Center - Gym

Drop-In Senior Indoor Tennis

Senior Tennis has moved indoors, come check it out! All levels of play are welcome and partners and play are determined each day.

Ages: 50 and up

Th-F Jan 9-May 16 10:00 AM-12:00 PM

📍 BW Recreation Center - Gym

www.cityofsouthfield.com

Senior (50+) Adult

Pickleball Lessons

Learn the basics of pickleball, including rules, scoring, and fundamental techniques to get you started on the court. Put your best foot forward as you learn serving, positioning, and foot work.

Ages: 50 and up

5 weeks **Resident: \$20 NR: \$25**
 Tu Jan 14-Feb 11 10:00-11:00 AM #10367
 Tu Feb 18-Mar 18 10:00-11:00 AM #10368

 BW Recreation Center - Gym

5 weeks **Resident: \$20 NR: \$25**
 Tu Jan 14-Feb 11 11:00 AM-12:00 PM #10369
 Tu Feb 18-Mar 18 11:00 AM-12:00 PM #10370

 BW Recreation Center - Gym

Dance/Music

Hustles for Seniors

Instructor: K. Johnson

Seniors will learn basic hustle steps and help create their own hustles to popular Motown music. No partner is required.

Ages: 50 and up

5 weeks **Resident: \$30 NR: \$40**
 Th Jan 9-Feb 13 12:00-1:00 PM #10316
 Th Feb 20-Mar 20 12:00-1:00 PM #10317
 Th Apr 3-May 8 12:00-1:00 PM #10318

 P&R Building - Lower Level Dance Studio



MICHIGAN SECRETARY OF STATE MOBILE OFFICE IS COMING TO YOU

Southfield Pavilion, 26000 Evergreen Road

10:00 am - 3:00 pm

Wednesday, January 15

Wednesday, April 16



Book a visit to complete your Secretary of State transactions, including:



First-time Michigan ID



Renew driver's license or ID



Transfer title



Apply for/renew disability placard

To schedule your visit during this Mobile Office event, contact Senior Services at (248) 796-4650



Senior (50+) Adult

Fitness

Chair Exercise

Instructor: K. Walton

Join us for a fun and supportive chair exercise class for seniors aged 50 and up, suitable for all fitness levels. Using resistance bands, hand weights, and fitness balls, we'll work on strengthening and toning your body. Please bring your fitness bands, hand weights, and a water bottle. We look forward to seeing you there!

1 hour **Resident: \$5** **NR: \$6**
M, W, F Jan 6-Apr 30* 11:00 am-12:00 pm

**No class Jan 20, Feb 17 & Apr 18*

📍 P&R Building - Room 115



Special Interest

AARP Smart Driver Course

The AARP Smart Driver Course is the nation's first refresher course specifically designed for drivers age 50 and older. In many states, drivers may benefit from a discount on their auto insurance premium upon completing the course. And you will learn something new along the way!

Bring a bag lunch for a 30 minute lunch break.

Ages: 50 and up
2 days **Resident: \$30** **NR: \$35**
Th-F Apr 3-Apr 4 10:00 AM-3:00 PM #10406

📍 P&R Building - Room 221

32

Questions? (248) 796-4620

Quilting

Instructor: K. Garrett

Join this class for a trans-formative quilting journey filled with traditional quilt skill-building techniques and a modern approach to quilt making. Whether you are a beginner or a seasoned quilter, the focus is on guiding quilters through a journey of traditional and creative modern quilting. Inspiring beginner and intermediate quilters will explore the joy that comes from creating something beautiful. Instructor has over 12 years of quilt making experience.

Pattern, fabric and supply list will be available at the time of registration.

Ages: 50 and up

6 weeks **Resident: \$60** **NR: \$65**
Th Jan 9-Feb 13 12:30-3:30 PM #10273
Th Feb 27-Apr 3 12:30-3:30 PM #10274

📍 P&R Building - Room 221

Solve a Murder Mystery!

Do you have what it takes to catch a killer? We are looking for crime sleuths. You and a specially selected team of detectives will crack codes, analyze clues and work together to solve the mystery and find the murderer. Each month will be a different mystery to solve.

Ages: 50 and up

2 hours **Resident: \$5** **NR: \$6**
Th Jan 23 10:00 AM-12:00 PM #10304
Th Feb 20 10:00 AM-12:00 PM #10305
Th Mar 20 10:00 AM-12:00 PM #10306

📍 P&R Building - Room 223



www.cityofsouthfield.com

Senior (50+) Adult

Tech Classes for Adults 50+

Instructor Mike Wilson, has successfully taught thousands of seniors to master their phones and computers!

A Practical Computer Class

We will discuss the *YouTube* website that offers free informative and entertaining videos, show a few email tips and tricks, demonstrate online shopping, visit *AARP* and other related websites for seniors, and navigate *Google Search*.

1½ hours **Resident: \$40** **NR: \$45**
F Jan 10 9:30-11:00 AM #10396
📍 P&R Building - Room 221

For the Non-Designer: Design Business Cards, Flyers and More

Learn to edit beautiful looking template designs for practically any type of print and social media project. You will learn about the free, user-friendly Canva program. This class is great for beginning and novice designers.

1½ hours **Resident: \$40** **NR: \$45**
F Jan 17 9:30-11:00 AM #10400
📍 P&R Building - Room 221

Windows 11-Starting from the Beginning

See how to use the desktop and the new taskbar. We will also explore the Start menu and related features. In addition, you will learn about the use of widgets, and how Windows 11 is organized.

1½ hours **Resident: \$40** **NR: \$45**
F Jan 24 9:30-11:00 AM #10397
📍 P&R Building - Room 221

Creating Envelopes and Labels in Microsoft Word

Learn how to create and print various labels in Word. You'll also discover how to write a single letter for mass distribution, saving you from repeatedly listing recipients. Learn to store addresses in a database.

1½ hours **Resident: \$40** **NR: \$45**
F Feb 7 9:30-11:00 AM #10401
📍 P&R Building - Room 221



AI (Ai) Made so Practical and Easy!

We will explore the practical benefits of using a basic form of AI (artificial intelligence) called *ChatGPT*. Find quick written solutions to problems based on your exact needs. Generate personalized text quickly for invitations, letters and any other materials you are looking to create.

1½ hours **Resident: \$40** **NR: \$45**
F Feb 21 9:30-11:00 AM #10398
📍 P&R Building - Room 221

All about Pictures- finding, organizing, editing and saving

This class will teach you how to manage pictures on your computer. Find how to name and move pictures into folders. We will look at using the Photo Gallery, editing of pictures, and inserting photos into Word documents.

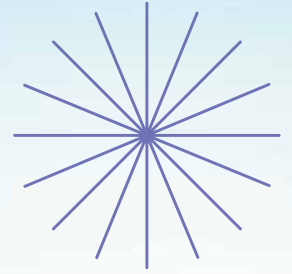
1½ hours **Resident: \$40** **NR: \$45**
F Mar 7 9:30-11:00 AM #10399
📍 P&R Building - Room 221

Getting to Know your Smartphone

This class is designed for mature and recent smartphone users. Topics covered include: the photo app, texting, navigation apps, contacts, e-mail, app store, settings and the Internet.

1½ hours **Resident: \$40** **NR: \$45**
F Mar 21 9:30-11:00 AM #10402
📍 P&R Building - Room 221

Save
the Date



AN
EVENING
OF

Elegance

DINNER/DANCING VIOLINIST

**Saturday, May 10
5 - 8 PM**

Senior Services
presents

Take a step toward better foot health!



FOOT DOCTOR VISITS with Dr. Tameka Parham Taylor

2 - 3 PM Thursdays,

January 16 February 20 March 20

Dr. Tameka Parham Taylor, a Foot and Ankle Specialist, is available monthly at the Parks & Recreation Building, offering diabetic foot care, treatment for callouses, corns, and toenails, plus general evaluations for seniors aged 50 and older.

To check insurance or schedule your appointment, call Dr. Taylor's office at (248) 621-4800, and mention *City of Southfield Senior Services*.



Senior (50+) Adult

Luncheon with the Mayor

Over a meal of pizza, salad, and dessert, Mayor Siver will share stories from his fascinating family history, as documented in his book, *Uncommon Ancestry*. Discover the unexpected, quirky tales that make every family unique and enjoy an afternoon filled with humor, heritage, and connection. Don't miss this chance to learn more about the Mayor's own roots and the colorful characters that shaped his family tree!

Ages: 50 and up

1 ½ hours **Resident: \$10** **NR: \$15**

F Jan 17 11:30 AM-1:00 PM #10290

📍 P&R Building - Room 115



Black History Month Luncheon

Join us for a special Black History Month Luncheon celebrating influential Black historical figures with a presentation by reenactors from the *Southfield Historical Society*. Enjoy herb chicken, mac & cheese, pasta salad, roasted potatoes, green beans, fresh fruit, and sweet treats, plus coffee, tea, and water. This gathering blends good food, great company, and inspiring stories.

Ages: 50 and up

1 ½ hours **Resident: \$25** **NR: \$30**

F Feb 21 11:30 AM-1:00 PM #10422

📍 P&R Building - Room 115

Jukebox Bingo

Jukebox Bingo is played like regular bingo, except with music. Games are themed, such as music from the 70's, 80's, Motown, country, etc. Each player will receive one sheet with two bingo cards to play for each round. The songs are displayed on a screen so each player can check the song title to their card for a match. Marker for cards provided, but feel free to bring your own dabber.

Ages: 50 and up

1½ hours **Resident: \$5** **NR: \$6.50**

F Feb 14 1:00-2:30 PM #10366

📍 P&R Building - Room 115

St Patrick's Day Celebration Lunch

Enjoy a traditional Irish-inspired menu featuring Reubens, potatoes, salad, and dessert, alongside lively music to set the festive tone! Join us for an afternoon of delicious food, great company, and Irish cheer—don't forget to wear your green!

Ages: 50 and up

1 ½ hours **Resident: \$20** **NR: \$25**

M Mar 17 11:30 AM-1:00 PM #10290

📍 P&R Building - Room 115

Senior Spring Tea

Put on your favorite spring hat and join us for an elegant afternoon of tea, treats, and good company! Sip on a selection of fine teas, enjoy delicious tea sandwiches, and indulge in delightful cakes. Come celebrate Spring in style and make new memories with friends!

Ages: 50 and up

1 ½ hours **Resident: \$25** **NR: \$30**

F Apr 11 11:30 AM-1:00 PM #10427

📍 P&R Building - Room 115

Golf

Evergreen Hills Golf Course

(248) 796-4666

The course will open for play this spring once weather permits. Opening hours will vary as the sunrise and temperatures change.

Follow our Facebook page to stay up-to-date on our 2025 Opening Day.

Off-Season Work

Off-season improvements are well underway at Evergreen Hills Golf Course! Shortly after the course closed for the season on November 3, crews tackled overgrowth and enhanced sight-lines on holes 3, 6, and 8.



Two aging bridges were removed and replaced with new ones, improving both safety and aesthetics. Plans to remove and repave the cart paths are also in discussion and will proceed as weather permits.



Tee Time for Seniors - Senior Golf League

Ages 50+

Love golf and want to hit the greens regularly this summer? Looking to meet new people or enjoy time with friends?



Join our Senior Golf League and make this summer one to remember! Whether you're coming as an individual or part of a foursome, we've got a spot for you.

What's included:

- Reserved tee times
- Exclusive golfer giveaway
- Exciting contest opportunities

Mark your calendar for our Informational Meeting:

- Tuesday, April 23
- 10 AM
- Southfield Pavilion

Don't miss out—sign up and swing into fun this season! For more information contact Angie in Senior Services at (248) 796-4654.

Putting Clinic

Instructor: T. Ryan

Spend your lunch hour working on your putting game in this 50-minute clinic! PGA teaching Pro Terri Ryan will show you tips and tricks on the practice putting green at the Evergreen Hills Golf Course.

Ages: 16 and up

1 hour

Resident: \$15

NR: \$15

Th Apr 24

12:00-12:50 PM #10361

📍 Evergreen Hills GC

www.cityofsouthfield.com

Beech Woods Heated Tees

Open daily, unless temperatures drop below 20°:

Nov-Feb

M-Su.....11:00 AM-7:00 PM

Mar-Apr

M-Su.....9:00 AM-8:00 PM

Call the Beech Woods Heated Tees at (947) 216-4653 with any questions.



Adult Golf Camp

Instructor: T. Ryan

Are you ready to work on your game before the season gets in full-swing? This 3-day camp taught by teaching PGA Pro Terri Ryan will make you a better player in no time!

- Day 1: Swing analysis and working at the driving range with irons, hybrids and woods
- Day 2: Short game; putting, chipping, pitching, bunker shots and course management.
- Day 3: 9-hole scramble at Evergreen Hills Golf Course. Tips and instruction from Terri.

Ages: 19 and up

3 days **Resident: \$150** **NR: \$170**

Senior: Resident: \$135 NR: \$153

F-Su Apr 25-Apr 27 Times Below #10360

F 5:00-7:00 PM 📍 BW Driving Range

Sa 8:00-11:00 AM 📍 BW Driving Range

Su 8:00-11:00 AM 📍 Evergreen Hills GC

Golf Lessons

Instructor: T. Ryan

Come out and learn to play the game of golf from PGA teaching pro Terri Ryan.

Ages: 16 and up

4 days

Resident: \$50

NR: \$65

Senior:

Resident: \$45

NR: \$58.50

The price of range balls (\$6/bucket) is not included.

Level 1

Session 1: Grip, stance, ½ swing

Session 2: Irons and full swing

Session 3: Short game; chipping/pitching

Session 4: Putting

Tu,Th Mar 25-Apr 3 5:30 PM-6:20 PM #10362

📍 BW Driving Range

M,W Apr 7-Apr 16 5:30 PM-6:20 PM #10363

📍 BW Driving Range

Level 2

Session 1: Review and work on full swing

Session 2: Hybrids and fairway woods

Session 3: Driver

Session 4: Short game

M,W Apr 14-Apr 23 5:30-6:20 PM #10364

📍 BW Driving Range





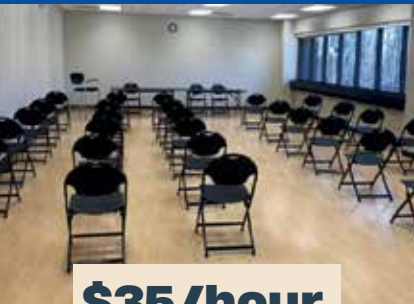
PICTURE YOUR EVENT HERE

Lobby/Atrium



\$75/hour
\$100 Deposit

Multi Purpose Room



\$35/hour
\$50 Deposit

Outdoor Patio



\$250/4 hrs
\$100 Deposit

Gymnasium



17,000 sq. feet
\$60/hour/court
\$75/court Deposit

**Beech Woods
Recreation Center**
22200 Beech Road



Call (248) 796-4670 for details.

Room Rentals at the Parks & Recreation Building

Looking for the perfect space for your next event? We've got you covered! Our versatile rooms accommodate groups from 2 to 200 and can be arranged for any occasion: business meetings, social gatherings, educational events, or leisure activities.



Four Meeting Rooms:
Options include a 16-person Conference Room and a Double Room with a capacity of 72.

Multi-Purpose Room (Room 115):
Features a stage and can host up to 192 people in a lecture-style setup.

Lower-Level Dance Studio:
Equipped with a mirrored wall and open flooring, perfect for up to 30 dancers.



Southfield Parks & Recreation Building, 26000 Evergreen Road

Services

- ▶ Rooms can be set in a variety of styles from Classroom to conference, lecture style to banquet.
- ▶ Additional equipment such as projectors, screens or a microphone or speaker are available for an additional fee.
- ▶ Rooms may be rented up to 6 months in advance.

Cameron Morris

Facility Supervisor

(248) 796-4607

cmorris@cityofsouthfield.com



Let us help make your event a success!



Southfield parks are open year-round for residents to enjoy. Pull on your boots, put on a warm coat and see your favorite parks in a whole new way. Parks are open from dawn to dusk and there are no park entrance fees. Park Rules are posted at each park entrance.

Snow is removed from the paved walking paths at Civic Center and Freeway parks as weather allows. Snow will be removed from the paths at Miller and Simms parks when at least 1½ inches of snow has fallen.

Trails at Inglenook, Bedford Woods and Bauervic Woods parks along with the trails through Berberian Woods/Valley Woods and Carpenter Lake Nature preserves are not plowed.

Paths and trails can be slick so wear boots and bring a hiking pole or a walking stick if you have one.

Seasonal Park Closures

Outdoor restrooms and water access are closed/off through May 1, 2025:

- Beech Woods Park
- Civic Center Park (near the Miracle Field)
- Inglenook Park
- Pebble Creek Park
- Mary Thompson House and Farm

The parking lot gates to the following parks are also closed through May 1:

- Pebble Creek Park, access road off American Dr.
- Bedford Woods Park, Lathrup Blvd. entrance
- Freeway Park, Lincoln Dr. entrance



Park Rules

- Parks open from dawn to dusk.
- Alcoholic beverages are prohibited.
- All pets must be leashed and controlled.
- Golf is prohibited in park areas.
- No motorized vehicles are permitted beyond the parking lot.
- Please place litter in receptacles provided.
- No loitering.
- Group use by permit only.
- Pet droppings must be collected and removed by pet owner.
- Remote or radio-controlled aircraft prohibited.
- Feeding of wildlife prohibited.
- Fire in grills only.
- Fireworks prohibited.
- Dumping of household trash prohibited.
- Playing loud music will not be permitted.
- Tents not authorized by Southfield Parks and Recreation prohibited.

Please Note: Special Use permits are required for any large groups, tents, inflatable play structures and amplified music at parks not provided by Southfield Parks & Recreation.

Southfield Parks

Park Name	Location	Services
Bauervic Woods Park	20545 W Nine Mile Rd	Playlot Trails Picnic Area
Bedford Woods Park	Webster, W of Pierce	Playlot Walking Path Softball/Little League field Soccer Field
Beech Woods Park	22200 Beech Road	50-tee, lighted driving range Tennis (w/pickleball lines) courts Restrooms (closed for season) Playlot Picnic Shelter
Burgh Historical Park	26080 Berg Rd.	Flower Gardens Historic Site
Carpenter Lake Nature Preserve	27225 W Ten Mile Rd	Interpretive nature trails Lake fishing access Restrooms (open year-round) Small shelter
Civic Center Park	26000 Evergreen Road	Sand Volleyball Soccer field Tennis courts (lighted) Racket/Handball courts (lighted) Ballfields (1 lighted) Restrooms (closed for season) Playlot 2 Picnic Shelters Nature trails
Freeway Park	Eastbound Lincoln, W of Greenfield Road	Playlot Walking Paths
Inglenook Park	20901 W. 12 Mile Road	4 Softball fields Accessible play lot Restrooms (closed for season) 1 Kilometer long fitness trail
Miller Park	18401 Webster	Playlot Ballfield Walking Path Pickleball and basketball courts
Lahser Woods Park	27577 Lahser Road	Picnic Area (no shelter) Walking Path
Lincoln Woods	Enter through Freeway Park	Nature Trails Wetlands
Mary Thompson House & Farm	25630 Evergreen Road	Southfield Community Gardens Historic Site
Pebble Creek Park	26355 American Dr, Southfield, MI 48034	Playlot Picnic Shelter Soccer field Walking/fitness trail Restrooms (closed for season)
Seminole Park	Seminole St., north of Shiawassee	Playlot
Simms Park	28501 Pierce St.	Playlot Ballfield Tennis and basketball courts Small shelter Walking Path
Stratford Woods Commons	Pierce, S of 10 Mile Rd.	Play Area Picnic Area (no shelter)
Valley Woods Nature Preserve	Civic Center Drive, E of Telegraph	Nature Trail Fishing



Walk-In

Cash, money orders and VISA, American Express, Master Card or Discover are accepted.

Parks & Recreation Information Desk Window -
inside Southfield Pavilion
Monday-Friday 9:00 AM-5:00 PM

Beech Woods Recreation Center
Monday-Friday 9:00 AM-5:00 PM

Phone-In

Parks & Recreation Information Desk
(248) 796-4620
Monday-Friday 9:00 AM-5:00 PM

Beech Woods Recreation Center
(248) 796-4670
Monday-Friday 9:00 AM-5:00 PM

On-line

Set up your account today at
apm.activecommunities.com/SouthfieldParks

Please use the Registration Form on the following page for Mail or Fax registrations. Payment in full must accompany the form.

Mail

Registration
Southfield Parks & Recreation Dept.
26000 Evergreen Road, P.O. Box 2055
Southfield, MI 48037-2055

Fax (248) 796-4605

Payment Options

- YOU MUST REGISTER PRIOR TO THE START OF THE PROGRAM. Instructors are not equipped to take registrations.
- Cash, money orders and VISA, American Express, Master Card or Discover are accepted. We do not accept personal checks as payment for any class, program, special event, membership or room/site rental.
- Course fees are payable in full at the time of registration.
- Registration form must include a signed Liability Waiver. Parents/guardians must sign for their children; adults must sign for themselves.
- Proof of residency, or a Business Leisure Card, must be presented when registering to avoid paying the NR Fee.

Refund Policy

- A full refund/transfer is given if your class or activity is canceled by Southfield Parks & Recreation, or if we cannot register you because the program is full.
- Refund requests must be made in person, with your original receipt.
- No refunds after the second meeting of the class.
- Requests for refunds received BEFORE the class/activity begins are subject to a \$5 Service Fee. Refund requests received AFTER the class/activity has begun are subject to a \$5 Service Fee PLUS cost of classes already held (the date on which you make your request determines the amount of your refund).
- Please allow four (4) weeks for refunds.
- If you miss any portion of a class or event due to vacation, schedule conflict or other non-emergency situation, you are ineligible to receive a pro-rated refund.

Winter 2025 Program Registration Form

This form is not valid for athletic league or camp program registrations.

Family Last Name _____

Address _____

City _____ Zip _____

Phone (Home) _____ Cell _____

Emergency Contact (Name & Phone) _____

E-Mail Address _____ Birth date _____

Participant Name	Birth date (mm/dd/yr)	Gender	Activity Name	Activity #	Time	Fee

Total	
-------	--

Payment Method:

Credit Card Visa, Master Card, Discover, American Express

_____ Exp. Date _____

CSC/CVV # _____ (3-digit code on the back of Visa, MC or Discover cards, 4-digit code on front of AmEx)

Card holder Signature _____

Southfield Parks & Recreation does not accept personal checks as payment for any class, program, special event, membership or room/site rental.

By registering for Parks & Recreation classes and programs, the registrant realizes and understands the inherent risks involved in the programs and appreciates the nature of the risks. The applicant holds the City of Southfield, and the Parks & Recreation Department harmless for any damages caused by participation in these programs. Participants registering for activities of a strenuous nature are encouraged to seek a physician's approval.

Signature _____ Date _____

Southfield Parks & Recreation Department
26000 Evergreen Road
Southfield, MI 48076

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City Council

Michael "Ari" Mandelbaum, *Council President*

Nancy L.M. Banks, *Pro-tem*

Daniel Brightwell

Dr. Lloyd C. Crews

Yolanda C. Haynes

Charles Hicks

Coretta Houge

Janet Jackson, *City Clerk*

Irv M. Lowenberg, *Treasurer*

Frederick E. Zorn, *CEcD City Administrator*

Parks & Recreation Board

Kathleen A. McNelis, *Chairperson*

Rosemerry Allen

Chana Baumol

Brandon Gray

Simon Rivers

Micaela Beckford, *Student Representative*

Parks & Recreation Department

Terry Fields, *Director*



OPEN SKATE
at the

**SOUTHFIELD
SPORTS
ARENA**



**Call (248) 796-4640 for
all the details.**

